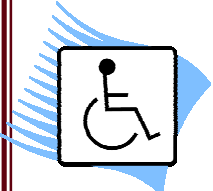


July 2015
Hi Lites of
Lutheran Manor





NEW RESIDENT
Malesha Stala 412

July 1 (Wednesday)	Weis Market Exercise Bible Study Piano Playing Poker League	9:30 a.m. 10:00 a.m. 12:30 p.m. 3:00 p.m. 6:30 p.m.	Van Trip Lounge Patio Lounge Conf Room
July 2 (Thursday)	Good Store/Lunch @Good N Plenty Restaurant in Lancaster Chat Room Rev. Lisa Borrell Blood Pressure Check	8:30 a.m. 10:00 a.m. 2:00 p.m. 6:00 p.m.	Van Trip Patio Lounge Lounge
July 3 (Friday)	OFFICE CLOSED Banks, CVS, \$ Store, Post Office	9:30 a.m.	Van Trip
July 4 (Saturday)	Happy 4th of July		
July 5 (Sunday)	July 5th Picnic— Pete Begley	1:00 p.m.	Lounge
July 6 (Monday)	Giant Exercise (Video) A Matter of Balance Class Poker League	9:30 a.m. 10:00 a.m. 10:00 a.m. 6:30 p.m.	Van Trip Lounge Patio Conf Room
July 7 (Tuesday)	Zumba Rev. James Harper , Notre Dame RC Church, Bethlehem	10:00 a.m. 2:00 p.m.	Lounge Lounge
July 8 (Wednesday)	Massage by Appointments Exercise Bible Study Computer Class Piano Playing Bingo at Lehigh Valley Active Life Poker League	9:00 a.m. 10:00 a.m. 12:30 p.m. 1:00 p.m. 3:00 p.m. 5:15 p.m. 6:30 p.m.	Conf Room Lounge Patio Comp Rm Lounge Van Trip Conf Room
July 9 (Thursday)	Chat Room Speaker-Why Do People Fall? Dinner @ Long Horn Steakhouse	10:00 a.m. 2:00 p.m. 4:00 p.m.	Patio Lounge Van Trip
July 10 (Friday)	Walkers Club Yoga Second Harvest Food Delivery Discipleship Class Tai Chi	9:00 a.m. 10:00 a.m. 11:00 a.m. 11:30 a.m. 12:45 p.m.	Outside Patio Patio Conf Rm Patio
July 11 (Saturday)	Coffee & Donuts Pinochle Party	9:00 a.m. 12:30 p.m.	Lounge Lounge

July 13 (Monday)	Lake Wallenpaupack Boat Cruise	9:00 a.m.	Van Trip
	Cost: \$12.00/Lunch		
	Exercise	10:00 a.m.	Lounge
	A Matter of Balance Class	10:00 a.m.	Patio
July 14 (Tuesday)	Movie-The Words	1:00 p.m.	Conf Room
	Poker League	6:30 p.m.	Conf Room
	Wegmans	9:30 a.m.	Van Trip
	Zumba	10:00 a.m.	Lounge
July 15 (Wednesday)	Speaker-Ice Cream Social (sign-up)	2:00 p.m.	Lounge
	Hometown Flea Market-Tamaqua	8:30 a.m.	Van Trip
	Exercise	10:00 a.m.	Lounge
	Bible Study	12:30 p.m.	Patio
July 16 (Thursday)	Piano Playing	3:00 p.m.	Lounge
	Poker League	6:30 p.m.	Conf Room
	DVD Sinatra	10:00 a.m.	Lounge
	Rev. Jack Tanis, Calvary Baptist Church, Easton	2:00 p.m.	Lounge
July 17 (Friday)	Walkers Club	9:00 a.m.	Outside
	Yoga	10:00 a.m.	Patio
	Movie at the Promenade/Lunch	11:00 a.m.	Van Trip
	Discipleship Class	11:30 a.m.	Conf Room
July 18 (Saturday)	Tai Chi	12:45 p.m.	Patio
	Manicures by Appointment	9:30 am.	Lounge
July 19 (Sunday)	Social-Majestics	5:00 p.m.	Lounge
July 20 (Monday)	Exercise	10:00 a.m.	Lounge
	A Matter of Balance Class	10:00 a.m.	Patio
	Iron Pigs Game Cost: \$10.00	5:30 p.m.	Van Trip
	Poker League	6:30 p.m.	Conf Room
July 21 (Tuesday)	Breakfast/Walmart	9:00 a.m.	Van Trip
	Zumba	10:00 a.m.	Lounge
	Watercolor Class	1:00 p.m.	Lounge
July 22 (Wednesday)	Exercise	10:00 a.m.	Lounge
	Bible Study	12:30 p.m.	Patio
	Computer Class	1:00 p.m.	Comp Rm
	Piano Playing	3:00 p.m.	Lounge
	Poker League	6:30 p.m.	Conf Room
July 23 (Thursday)	Chat Room	10:00 a.m.	Patio
	Rev. Sharon Solt Harfman, Church of the Manger, UCC, Bethlehem	2:00 p.m.	Lounge
July 24 (Friday)	Walkers Club	9:00 a.m.	Outside
	Yoga	10:00 a.m.	Patio

July 24 (Friday)

Lunch @ Cracker Barrel

11:30 a.m.

Van Trip

Discipleship Class

11:30 a.m.

Conf Room

Tai Chi

12:45 p.m.

Patio

July 27 (Monday)

Breakfast/Valley Farms

9:00 a.m.

Van Trip

Exercise

10:00 a.m.

Lounge

Therapy Dog

11:00 a.m.

Lounge

Movie-The Words

1:00 p.m.

Conf Room

Poker League

6:30 p.m.

Conf Room

July 28 (Tuesday)

Zumba

10:00 a.m.

Lounge

Senior Bingo w/lunch (donations)

10:45 a.m.

Van Trip

Exercise

10:00 a.m.

Lounge

Lunch @ DoughBoys

11:00 a.m.

Van Trip

Bible Study

12:30 p.m.

Patio

Piano Playing

3:00 p.m.

Lounge

Poker League

6:30 p.m.

Conf Room

July 30 (Thursday)

Lehigh Valley Zoo Cost: \$12.00

9:30 a.m.

Van Trip

Chat Room

10:00 a.m.

Patio

Rev. Richard Naholdil,

2:00 p.m.

Lounge

St. John's EC, Allentown

July 31 (Friday)

Walkers Club

9:00 a.m.

Outside

Produce Junction Market/

9:30 a.m.

Van Trip

Lehigh Valley Mall

Yoga

10:00 a.m.

Patio

Discipleship Class

11:30 a.m.

Conf Room

Tai Chi

12:45 p.m.

Patio



Activity

Dates

Time

Place

Exercise

Every Monday & Wednesday

10 a.m.

Lounge

Poker League

Every Monday & Wednesday

6:30 p.m.

Conf Rm

Zumba

Every Tuesday

10 a.m.

Lounge

Bible Study

Every Wednesday

12:30 p.m.

Patio

Piano Playing

Every Wednesday

3:00 p.m.

Lounge

Chat Room

Every Thursday

10 a.m.

Patio

Yoga

Every Friday

10:00 a.m.

Patio

Tai Chi

Every Friday

12:45 p.m.

Patio

Walkers Club

Every Friday

9:00 a.m.

Outside

Claudie's



Corner

*“Why do people fall?
Can I prevent it?”*

*Jason Meixsell,
Senior Director of Rehabilitation
Services*

Will be here on **Thursday, July 9th**
at 2pm in the Lounge
To talk to you about falls, and what
you can do about it.



Senior Life will be here for an
Ice Cream Social
Tuesday, July 14 at 2pm
in the Lounge

Join us for some
delicious Ice Cream!

Sign-up required

David Michael Donnangelo

will be here to teach you a

Watercolor Class

on **Tuesday, July 21st**

1-3 pm

In the Lounge

**Watercolor
Lessons**



You don't want to miss
this fun class. It's **fun** and
most of all it's **therapy**.



With Claudie

IRONPIGS

vs

BUFFALO BISON



Tuesday, August 25th

Van leaves at 5:30 pm

Tickets
now on sale

See Claudie

COST: \$10.00



2015

Events

Saturday	8/1	Coffee & Donuts	9:00 a.m.
Saturday	8/1	Pinochle Party	12:30 p.m.
Sunday	8/16	Pizza Party - Jim Loftus	5:00 p.m.
Sunday	8/23	Social-Steel City	5:00 p.m.

COMPUTER CLASSES



July 8 & 22

1-3 pm

Sign up with Claudie



Every Friday

at 12:45pm

In the Patio

Piano playing & Singing with
Gladys and Residents.

3-4 pm

In the Lounge



Every

Wednesday

Wednesday, July 8th

9:00-2:00 pm

If you are interested
in getting a massage
please **sign-up**
with Claudie.

Price: \$20.00 1/2 hour

\$40.00 1 hour

Conference Room





Saturday, July 11

9:00 a.m. to 10:30 a.m.

\$1.00 coffee

\$1.00 donut

\$1.00 additional donuts

**Friends and Family
are Welcome.**

Join the
WALKERS CLUB
Every Friday
9 am



Monday, July 27.

At 11:00 am in the lounge.



**I ♥ My
ZUMBA
Students**

Tuesday at 10:00 am

In the Lounge



Blood Pressure Check

Thursday, July 2nd

6:00 p.m.

In the Lounge



Linda will be here to do

MANICURES

Saturday, July 18th

See Claudie for an appointment.



Exercise Class

Every Monday & Wednesday

10 am in the Lounge



Sun is shining.
Weather is sweet.
Makes you wanna
move your dancing
feet.



**KEEP
CALM
AND
DO
YOGA**

Every Friday

At 10 am
In the Patio





For the Month of **JULY** AND **AUGUST**



NO Committee & General Meeting.



During the months of
JULY and **AUGUST**

The Snack Stand & Soup/Hot Dogs
will be **CLOSED.**

Will resume in **September.**

NO BINGO

For the Month of **JULY** and
AUGUST

Will resume in **September.**



4 PM Doors Open
5 PM Refreshments
6 PM Entertainment

SOCIAL



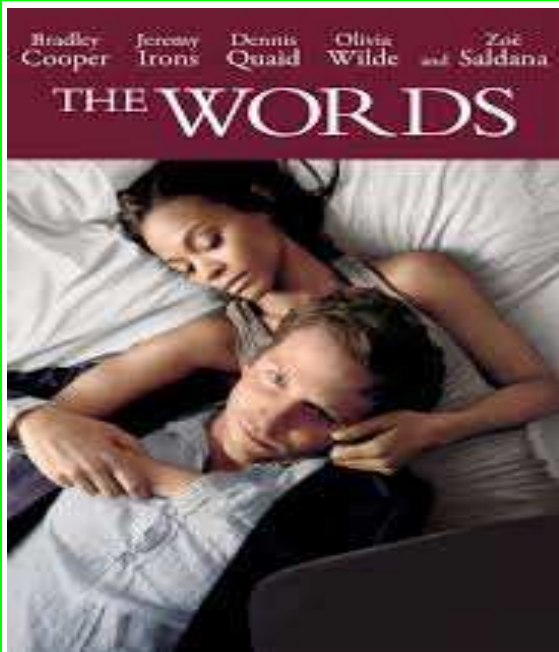
Sunday, July 19
Entertainment by:
Majestics



Esther's
Ice Cream Sales
\$1.00



Donations
requested.



NOW SHOWING

Monday, July 13 & 27

1:00 pm

Conference Room

THE WORDS

When shallow wannabe-writer Rory (**Bradley Cooper**) finds an old manuscript tucked away in a bag, he decides to pass the work off as his own. The book, called "The Window Tears," brings Rory great acclaim, until the real author (**Jeremy Irons**) shows up and threatens to destroy Rory's reputation. Cut to Clayton Hammond (**Dennis Quaid**), a writer whose popular novel "The Words" seems to mirror Rory's story, leading to speculation that the tome is Hammond's thinly veiled autobiography.

Grab the popcorn because its



**MOVIE
MONDAY!!!**

Annual Pig Roast



Great FUN
Great FOOD



Main Street Cruisers

Lutheran Manor Residents
enjoying the festivities.



I  **DANCING**

Relax & Enjoy



INSPIRE

American Music Theatre's Original Show, Inspire, celebrates the moving power of music through the universal themes of Hope, Courage, Faith, Love, Freedom, and Joy.

Inspire follows two individuals striving to find their path in life, and features songs that take them on a touching journey from heartbreak and poignancy to happiness and joy. The sincere emotions of the songs, such as "Climb Every Mountain" (Hope,) "True Colors" (Courage,) "You Raise Me Up" (Faith,) "Can't Help Falling in Love" (Love,) "Seven Bridges Road" (Freedom,) and "You've Got a Friend" (Joy) serve to raise our spirits and remind us of the purpose and meaning of our lives.

Tuesday, August 11

3 pm show, Van will depart at 10:00 am

Cost: \$27.00 Show **ONLY**

We will stop for Lunch, the cost is an additional expense at your discretion.

Sign up NOW!

With Claudie

July 5th Picnic



Sunday

July 5, 2015

1 pm in the Lounge
Doors open at **noon**

Cost:

\$10 per person

\$12 per guest (**limit 2**)

BUFFET MENU

Sausage w peppers & onions

Hamburger BBQ

Potato Salad

Baked Beans

Pasta Salad

Chips

Fruit

Dessert

Coffee & Iced Tea

Soda \$1.00

Entertainment by:

Pete Begley



Plays the Stick

Coordinator: Esther Heimbach

July 5th Picnic

Sunday, July 5th 2015

Put slip under *Marge Bachemin's*
door #705 with cash in envelope.



NAME: _____

APT# _____

PHONE: _____

of Guests _____

Deadline for Reservations, Wednesday, July 1, 2015



KIDS DO SAY THE DARNDDEST THINGS...

A little boy walked down the beach, and as he did, he spied a matronly woman sitting under a beach umbrella on the sand. He walked up to her and asked, "Are you a Christian?" "Yes." "Do you read your Bible every day?" She nodded her head, "Yes." "Do you pray often?" the boy asked next, and again she answered, "Yes." With that he asked his final question. "Will you hold my quarter while I go swimming?"

When a mother saw a thunderstorm forming in mid-afternoon, she worried about her seven-year-old daughter who would be walking the three blocks from school to home. Deciding to meet her, the mother saw her daughter walking nonchalantly along, stopping to smile whenever lightning flashed. Seeing her mother, the little girl ran to her, explaining happily, "All the way home, God's been taking my picture!"

A three-year-old boy went with his dad to see a litter of kittens. On returning home, he breathlessly informed his mother, "There were two boy kittens and two girl kittens." "How did you know?" his mother asked. "Daddy picked them up and looked underneath," he replied. "I think it's printed on the bottom."

A Sunday School teacher decided to have her young class memorize one of the most quoted passages in the Bible -- Psalm 23. She gave the youngsters a month to learn the verse. Little Bobby was excited about the task, but he just couldn't remember the Psalm. After much practice, he could barely get past the first line. On the day that the kids were scheduled to recite Psalm 23 in front of the congregation, Bobby was so nervous. When it was his turn, he stepped up to the microphone and said proudly, "The Lord is my shepherd . . . **and that's all I need to know!**"

....Yesssss! God is Good!

Happy Summer!

Pastor Clark



WORSHIP IN JULY- 2 pm in the Lounge

Thurs. July 2 **Rev. Lisa Borrell**, Christ Lutheran Church Of Lower Saucon, Hellertown

Tues. July 7 **Rev. James Harper**, Notre Dame RC Church, Bethlehem.

Thurs. July 16 **Rev. Jack Tanis**, Calvary Baptist Church, Easton

Thurs. July 23 **Rev. Sharon Solt Harfman**, Church of the Manger, UCC, Bethlehem

Thurs. July 30 **Rev. Richard Naholdil**, St. John's EC, Allentown

BIBLE STUDY every Wednesday at 12:30 pm in the Patio. We are studying Paul's letter to the Ephesians. You are welcome to join us.

CHAT ROOM every Thursday at 10 am in the Patio. Come and join us, have fun, and get to know your neighbors!



FRANK SINATRA:

**CONCERT FOR THE
AMERICAS THURSDAY,
July 16th 10 AM
in the Lounge**



The first ever US release of this spectacular 1982 concert proves why Francis Albert Sinatra was still the undisputed Chairman of the Board. Recorded at the Altos De Chavon Amphitheatre in La Romana, the Dominican Republic, this epic performance features a special guest appearance by the legendary Buddy Rich on drums and a wonderful duet with guitarist Tony Mottola on "Send in the Clowns."

Other Songs include... *I've Got You Under My Skin, I Get A Kick Out Of You, Come Rain or Come Shine, My Kind of Town, I Won't Dance, The Lady Is A Tramp, That s Life, Something, The Best Is Yet To Come, Theme From New York, New York and more...*

★★Join us in the Lounge on July 16th for music and refreshments.

--Sponsored by the Chat Room

Van Trips



August 2015

DATE	DAY	TRIP	TIME
August 3	(Monday)	Banks, CVS, \$ Store, Post Office	9:30 a.m.____
August 5	(Wednesday)	Hackman's Bible Bookstore/Walmart	9:30 a.m.____
August 6	(Thursday)	Wegmans	9:30 a.m.____
August 7	(Friday)	Martin Guitar Museum Guided Tour/Lunch @ Mavajo's Pizza Nazareth Cost:\$3.00	9:00 a.m.____
August 10	(Monday)	Giant Food Store	9:30 a.m.____
August 11	(Tuesday)	American Music Theatre/Lancaster- INSPIRE /Lunch Cost: \$27.00	10:00 a.m.____
August 12	(Wednesday)	Heisler's Dairy Bar/mini golf Cost: \$4.00	10:30 a.m.____
August 14	(Friday)	Breakfast/Valley Farms	9:00 a.m.____
August 17	(Monday)	Weis Market	9:30 a.m.____
August 18	(Tuesday)	Senior Bingo w/lunch (donations)	10:45 a.m.____
August 19	(Wednesday)	Muhlenberg Festival - B Street Band	6:30 p.m.____
August 20	(Thursday)	Allentown Farmers Market/Lunch @ Ritz Barbecue	10:00 a.m.____
August 24	(Monday)	Knoebels Park-Elysburg, PA	9:00 a.m.____
August 25	(Tuesday)	Iron Pigs Game Cost: \$10.00	5:30 p.m.____
August 26	(Wednesday)	West End Fair/Senior Day Cost: \$3.00	1:00 p.m.____
August 27	(Thursday)	Breakfast/Walmart	9:00 a.m.____
August 31	(Monday)	Lunch @ Marblehead Chowder House in Easton	11:00 a.m.____



Please fill out the form and **bring to my office**, I will start collecting forms at **7 a.m.** on the first day of the month.






Name: _____ Apt: _____

PLEASE CANCEL WITHIN 24 HOURS OF YOUR REQUESTED TRIP SO WE CAN CALL THE NEXT RESIDENT ON OUR WAITING LIST.

A \$5 FEE will be required for NO SHOWS without cancelations.

JULY 2015



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 10:00 Exercise 12:30 Bible Study 3:00 Piano Playing 6:30 Poker League	2 10:00 Chat Room 2:00 Rev Lisa Borrell 6:00 Blood Pressure Check	3 OFFICE CLOSED 	4 Happy 4th of July 
5 1:00 July 5th Picnic 	6 10:00 Exercise (Video) 10:00 A Matter of Balance 6:30 Poker League	7 10:00 Zumba 2:00 Rev James Harper, Notre Dame RC Church, Bethlehem	8 9:00 Massage by Appts 10:00 Exercise 12:30 Bible Study 1:00 Computer Class 3:00 Piano Playing	9 10:00 Chat Room 2:00 Speaker -Why Do People Fall?	10 9:00 Walkers Club 10:00 Yoga 11:00 Second Harvest 11:30 Discipleship Class 12:45 Tai Chi	11 9:00 Coffee & Donuts 12:30 Pinochle Party 
12	13 10:00 Exercise 10:00 A Matter of Balance Class 1:00 Movie -The Words 6:30 Poker League	14 10:00 Zumba 2:00 Speaker -Ice Cream Social 	15 10:00 Exercise 12:30 Bible Study 3:00 Piano Playing 6:30 Poker League	16 10:00 DVD Sinatra 2:00 Rev Jack Tanis, Calvary Baptist Church, Easton	17 9:00 Walkers Club 10:00 Yoga 11:30 Discipleship Class 12:45 Tai Chi	18 Manicure by Appointments 
19 5:00 Social 	20 10:00 Exercise 10:00 A Matter of Balance Class 6:30 Poker League	21 10:00 Zumba 1:00 Watercolor Class	22 10:00 Exercise 12:30 Bible Study 1:00 Computer Class 3:00 Piano Playing 6:30 Poker League	23 10:00 Chat Room 2:00 Rev Sharon Solt Harfman, Church of the Manger, UCC, Bethlehem	24 9:00 Walkers Club 10:00 Yoga 11:30 Discipleship Class 12:45 Tai Chi	25
26	27 10:00 Exercise 11:00 Therapy Dog 1:00 Movie -The Words 6:30 Poker League	28 10:00 Zumba	29 10:00 Exercise 12:30 Bible Study 3:00 Piano Playing 6:30 Poker League	30 10:00 Chat Room 2:00 Rev Richard Naholdil, St John's EC, Allentown	31 9:00 Walkers Club 10:00 Yoga 11:30 Discipleship Class 12:45 Tai Chi	